

SAS YOUTH NATIONAL CHAMPIONSHIPS 2017
to be sailed at
Henley Midmar Yacht Club, Midmar Dam, KZN Midlands
from
9th to the 15th December 2017

Sanctioned 22 May 2017

SAILING INSTRUCTIONS

The Regatta is organized by the SAS KZN Region in conjunction with the Henley Midmar Yacht Club under the auspices of South African Sailing (SAS).

1 RULES

- 1.1 The regatta will be governed by the rules as defined in **The Racing Rules of Sailing (RRS) 2017 - 2020**.
- 1.2 The **South African Sailing (SAS) Requirements for National Championships** will apply.
- 1.3 **The Equipment Rules of Sailing (ERS) 2017-2020**, the **Class Rules**, **Notice of Race** and these **Sailing Instructions** will apply.

2 ADVERTISING

- 2.1 Advertising is permitted subject to the limitations of World Sailing Regulation 20.
- 2.2 Boats may be required to display advertising chosen and supplied by the organizing Authority.

3 NOTICE TO COMPETITORS

Notices to competitors shall be posted on the Official Notice Board located inside the HMYC clubhouse.

4 CHANGES TO SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted at least ONE hour before the race in which the change takes effect, except any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed on flag poles situated outside the committee room of the (HMYC) clubhouse. When a signal is displayed over an area or class flag it applies to that area or class only.

- 5.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than (30) thirty minutes" in the race signal AP.

6 SCHEDULE OF RACES

- 6.1 Dates of racing:
- | | |
|-----------------------|---|
| Sunday 10 December | Warning signal for the Practice Race at 14h55 |
| Monday 11 December | Warning signal for the first race of the day at 08h55 |
| Tuesday 12 December | Warning signal for the first race of the day at 08h55 |
| Wednesday 13 December | Warning signal for the first race of the day at 08h55 |
| Thursday 14 December | Warning signal for the first race of the day at 08h55 |
- No warning signal shall be made after 14h25 on the 14th December 2017.

Team Racing

Friday 15 December Warning signal for the first race of the day at 08h55
The Team Racing schedule will be posted by 19h00 on 14th December 2017
No warning signal shall be made after 14h55 on the 15th December 2017.

- 6.2 Number of races: A maximum of fifteen (15) are scheduled for the Championships.
- 6.3 Four (4) races are scheduled per day. Races not sailed on the schedule may be sailed on the following day at the discretion of the Race Committee, provided that no more than 5 races are sailed per day
- 6.4 To alert boats that a race or sequence of races will begin soon, following a long postponement, the Orange starting line flag will be displayed with one sound signal at least five minutes before a Warning Signal is displayed.
- 6.5 To alert boats that a further race will be held, Code Flag "L" will be displayed before the first boat finishes the previous race. The Warning Signal will be made 1 minute after the lowering of Code Flag "L" with a sound signal.

7 CLASS FLAGS

Class flags and the order of starting will be displayed on the Official Notice Board at least one hour before the start of the first race.

8 RACING AREAS

- 8.1 Racing will take place on Midmar Dam, KZN Midlands.
- 8.2 Addendum (C) shows the location of racing areas: Area (1), Area (2).

Classes are assigned to racing areas as follows:
Area (1), Optimists, RS Teras, Mirrors, Dabchicks
Area (2), Lasers, 420's, Multihull Classes, 29ers, 'O' Class

9 THE COURSES


- 9.1 The diagram in Addendum (A) shows the course, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left for Area (1).
- 9.2 The diagrams in Addendum (B) show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left for Area (2).

- 9.3 For Area (2) the Race Committee signal boat will indicate the course to be sailed by displaying the appropriate numeral pennant for the course, no later than the warning signal.

10 MARKS

- 10.1 Marks (1), (2), (3), (4), (5) used to lay the course in Area (1) will be red cylindrical buoys bearing the required numeral.
- 10.2 Marks (1), (2), (3), (4), (5) in Area (2) will be red cylindrical buoys bearing the required numeral and the "Choose Life Logo." With Course 1 Mark (3S) and Mark (3P) will each bear numeral (3).
- 10.3 The starting marks will be the staff on the Committee Boat flying an Orange flag and a round pink buoy with an orange flag attached to the staff above the buoy.
- 10.4 The finishing marks will be the staff on the Committee Boat flying a Blue flag and a round pink buoy with a blue flag attached to the staff above the buoy.
- 10.5 A Race Committee boat signalling a change of a leg of the course is a mark as provided for in Paragraph 12.2

11 THE START

- 11.1 Races will be started by using RRS 26 with the Warning Signal given 5 minutes before the starting signal.
- 11.2 The starting line will be between the staff displaying an Orange Flag on the Committee Boat and the nearby start mark.
- 11.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes RRS A4 and A5.
- 11.4 Boats who's Warning Signal has not been made are to avoid the starting area during the starting sequence for other races.
- 11.5 If flag U  has been displayed as the preparatory signal, no part of a boat's hull, crew, or equipment shall be in the triangle formed by the ends of the starting line and the first mark during the last minute before her starting signal. If a boat breaks this rule and is identified, she shall be disqualified without a hearing but not if the race is restarted or re-sailed.

12 CHANGE OF THE NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the Race Committee will move the original mark (or the finishing line) to a new position.
- 12.2 Except at a gate, boats shall pass between the Race Committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the Race Committee boat to starboard. This changes RRS 28.1.
- 12.3 The direction of the changed leg shall be indicated according to RRS33(a) (2) [red / green flags].

13 THE FINISH

The finishing line will be between the staff displaying a Blue Flag on the Committee

boat and the nearby finish mark situated on the starboard side of the committee boat, except for the finish mark on the Optimist and Terra Course which will be situated on the port side of the committee boat.

14 SHORTENING COURSE

14.1 With reference to Addendum (A):

- (a) for the Optimist and Terra classes there will be no shortening of the course.
- (b) For the Dabchick and Mirror Classes, where the start/finish boat is stationed on the windward beat of the course to windward of mark (5), the Race Committee may shorten the course before the leading boat of the class reaches mark (5). Boats shall then round mark (5), which remains a mark of the course, and thereafter proceed directly to the prescribed finish line, crossing the line from the direction of mark (5).
This changes RRS 32.2

14.2 With reference to Addendum (B):

- (a) For Course (1), where the start/finish boat is positioned below the gate 3S/3P, the Race Committee may shorten the course before the leading boat of the class reaches the gate. After passing through the gate 3S/3P, boats shall proceed directly to the prescribed finish line.
This changes RRS 32.2
- (b) For Course (2), for all classes, where the start/finish boat is stationed on the windward beat of the course to windward of mark (3), the Race Committee may shorten the course before the leading boat of the class reaches mark (3). Boats shall then round mark (3), which remains a mark of the course, and thereafter proceed directly to the prescribed finish line, crossing the line from the direction of mark (3).
This changes RRS 32.2

15 PENALTY SYSTEM

- 15.1 Racing rule 44.1 is changed such that, for multihull classes only, the two turn penalty is replaced with a one turn penalty.
- 15.2 Appendix P will apply for all Classes.
- 15.3 For the Optimists Classes only, Rule P2.2 is changed so that it will apply to any penalty after the first one.
This changes RRS P2.2.

16 TIME LIMITS

Boats failing to finish within 20 minutes after the first boat in its class sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

17 PROTESTS AND REQUESTS FOR REDRESS

- 17.1 Protest forms are available at the Race Office. Protest shall be delivered there within the protest time limit.

- 17.2 For each class the protest time limit is 90 minutes after the last boat in its class has finished the last race of the day, or 90 minutes after the race committee signals "no more racing today", whichever is later.
- 17.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings and times thereof in which they are parties or named as witnesses. Hearings will be held in the jury rooms, located in the clubhouse at HMYC or in an additional temporary jury room located next to the clubhouse.
- 17.4 Notices of protest by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).
- 17.5 A list of boats that, under instruction 15.2, have been penalized for breaking RRS 42 will be posted.
- 17.6 On the last day of the regatta a request for reopening a hearing shall be delivered:
(a) within the protest time limit if the requesting party was informed of the decision on the previous day;
(b) no later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66.
- 17.7 On the last day of the regatta a request for redress from a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted.
This changes RRS 62.2.

18 SCORING

- 18.1 The Low Point scoring system of Appendix A4 will apply.
- 18.2 4 races are required to be completed to constitute a series.
- 18.3 A boat's series score will be as follows:
(a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
(b) When from 5 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
(c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

19 SAFETY REGULATIONS

- 19.1 Yachts shall comply with their class buoyancy and safety requirements.
- 19.2 All competitors shall wear a personal buoyancy aid capable of supporting a 5 kg steel weight at all times while afloat in a yacht.
- 19.3 Wet or Dry suits do not constitute adequate buoyancy!
- 19.4 A boat that retires from a race shall notify the Race Committee as soon as possible

20 REPLACEMENT OF CREW OR EQUIPMENT

- 20.1 Substitution of competitors will not be allowed without prior written approval of the Race Committee.

20.2 Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made in writing to the Race Committee at the first reasonable opportunity.

21 EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions. On the water, a boat can be instructed by a Race Committee Measurer to proceed immediately after the completion of a race to a designated area for inspection.

22 SUPPORT PERSONNEL AND BOATS

22.1 Team leaders, coaches and other support personnel shall stay at least 150 meters outside areas where boats are racing from the time of the Preparatory Signal for the first class to start until all boats have finished racing, unless the Race Committee signals a postponement or abandonment. Non-compliance with this rule may lead to action under RRS 64.4

22.2 Coach boats and individual support boats shall be marked with a Yellow Flag

23 TRASH DISPOSAL

Boats shall not discard trash in the water. Trash may be placed aboard support and Race Committee boats.

24 RADIO COMMUNICATION

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

25 PRIZES

Prizes will be awarded as detailed in the Notice of Race.

26 DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Neither the Organising Authority nor its officials or other persons associated with the organisation of the event will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

27 INSURANCE

Each participating boat is encouraged to carry sufficient valid third-party liability insurance to cover any liability arising during the event.

ADDENDUM (A)

Course Area (1), Flag (F)

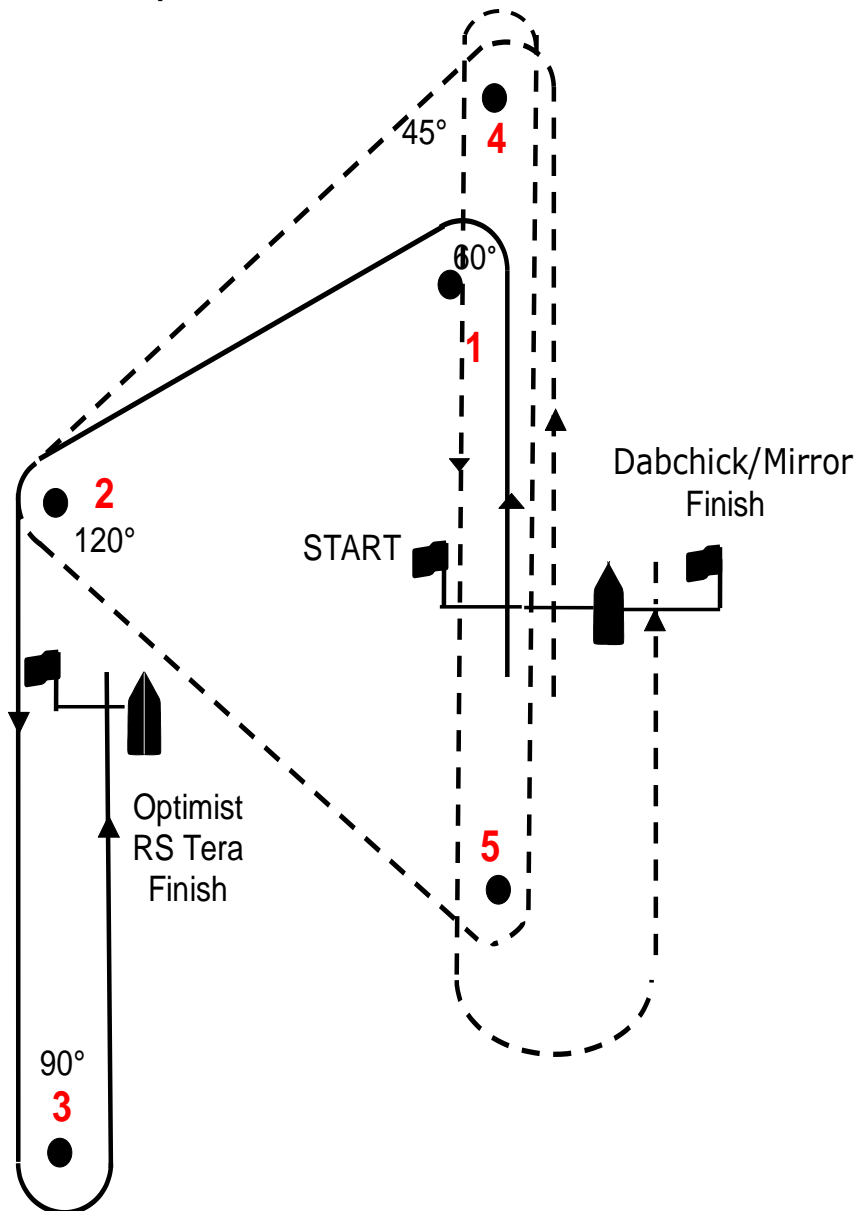
Classes: Optimist, RS Tera, Mirror and Dabchick.

Courses

Optimist and RS Tera
Start - 1 - 2 - 3 - Finish

Mirror and Dabchick
Start - 4 - 2 - 5 - 4 - 5 - Finish

All Marks to be rounded to port



ADDENDUM (B)

Course Area (2), Flag (G)

Classes: Laser, 420, 29'er, Multihull and "O" Classes

COURSE 1 – NUMERAL PENNANT / NUMBER 1

A Windward-Leeward-with Offset Mark and Gate

Dinghies

Start – 1 – 2 – 3S/3P – 1 – 2 – 3S/3P – 1 – 2 – 3S/3P – Finish

Multihulls

Start – 4 – 5 – 3S/3P – 4 – 5 – 3S/3P – 4 – 5 – 3S/3P – Finish

All Marks to be rounded to Port with the exception of 3S which shall be rounded to Starboard

