

SA SAILING Western Province Championships Incorporating the 29er National Championships

Sanctioned 8 March 2017

SAILING INSTRUCTIONS

The Regatta is organized by the SOUTH AFRICAN SAILING (WC) and MOSSEL BAY YACHT AND BOAT CLUB

1. RULES

- 1.1 The regatta will be governed by the rules as defined in **The Racing Rules of Sailing (RRS) 2017 - 2020**.
- 1.2 The Equipment Rules of Sailing (ERS) 2017 – 2020, the applicable rules of the participating Classes, the Notice of Race, and these Sailing Instructions.

2. NOTICE TO COMPETITORS

Notices to competitors will be posted on the Official Club Notice Board situated on the Ground floor of Mossel Bay Yacht & Boat Club.

3. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted 90 minutes prior to the start of the first race of the day.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole in front of the Mossel Bay Yacht & Boat Club.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes" in the race signal AP.
- 4.3 When flag "V" is displayed ashore with one sound signal, boats may NOT leave the shore. The warning signals will be made on the respective Committee Vessels not less than 60 mins, after the flag is lowered.

5. SCHEDULE OF RACES

- 5.1 The warning signal for the first race will be at 14h25 on Friday, 14 April 2017.
- 5.2 The start times of subsequent races will be posted on the Regatta Notice Board at least 90 mins before the scheduled start.
- 5.3 No starting signal will be made after 13h00 on the final day the 17 April 2017.
- 5.4 The Starting order of the first race of each day will be shown on the official Regatta Notice Board at least 90 mins before the Warning Signal of the first race of the day. The Starting

order of subsequent racing will be indicated the relative Class Flags flown from the starting vessels and it may not be necessarily the same as the first Race.

- 5.5 Number of races: A maximum of 12 are scheduled for the regatta. The intention is that there will be no more than 4 races a day. However, the race committee may at its sole discretion decide that additional races will be sailed in order to complete the programme.
- 5.6 When there has been a long postponement, the Warning Signal for the next race and each succeeding race will be made as soon as practicable. To alert boats that a race or sequence of races will begin soon, an Orange Flag will be displayed 5 minutes before the Warning Signal is displayed.
6. **THE COURSES**
- 6.1 The course areas will be designated as follows Course 1 a yellow flag, Course 2 a lime flag, course 3 a pink flag, flown from the signal boat.
- 6.2 Refer to the attached course diagrams for course and Sailing areas.
- 6.3 Course 1 will be sailed in sailing area A and sailed as follows: -

Course 1 Inner/Outer loop trapezoidal

<i>Signal</i>	<i>Mark Rounding order</i>
I	Inner loop
I2	Start -1-4/1-2-3-Finish
I3	Start -1-4/1-4/1-2-3-Finish
I4	Start -1-4/1-4/1-4/1-2-3-Finish
O	Outer Loop
O2	Start -1-2-3/2-3-Finish
O3	Start -1-2-3/2-3/2-3Finish
O4	Start -1-2-3/2-3/2-3/2-3-Finish



6.4 Course 2 will be sailed in Sailing Area B and sailed as follows: -

Course 2 Inner/Outer loop trapezoidal

<i>Signal</i>	<i>Mark Rounding order</i>
I	Inner loop
I2	Start -1-3/1-2-4-Finish
I3	Start -1-3/1-3/1-2-4-Finish
I4	Start -1-3/1-3/1-3/1-2-4-Finish
O	Outer Loop
O2	Start -1-2-4/2-4-Finish
O3	Start -1-2-4/2-4/2-4-Finish
O4	Start -1-2-4/2-4/2-4/2-4-Finish

6.5 Course 3 will be sailed in Sailing area C and sailed as follows: -

Course 3 Windward Leeward /Triangular with reaching finish

<i>Signal</i>	<i>Mark Rounding order</i>
LR2	Start-1-3/1-3-finish
LR3	Start-1-3/1-3/1-3-finish
LR4	Start-1-3/1-3/1-3/1-3-finish
TLR2	Start-1-2-3/1-3-Finish
TLR3	Start-1-2-3/1-3/1-2-3-Finish
TRL4	Start-1-2-3/1-3/1-2-3/1-3-Finish

6.6 All marks are to be rounded to port.



- 6.7 No later than the Warning Signal, the race committee signal boat will display the course designations and the approximate compass bearing of the first leg, at the stern of the signal boat.

Bearing	145	
Course	I3	02
Classes		

7. MARKS

- 7.1 Course 1 Marks will be, yellow/blue inflatable marks.
Course 2 Marks will be, yellow inflatable marks.
Course 3 Marks will be, red inflatable marks.
New marks, as provided in instruction 11.1, will be triangular yellow marks.

- 7.2 The starting and finishing marks will be small orange buoys.

8. THE START

- 8.1 Races will be started by using RRS 26 with the Warning Signal given 5 minutes before the starting signal. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound for at least five minutes before a warning signal is displayed.
- 8.2 The starting line for Courses 1, 2, 3 will be between the mast displaying the Orange Flag on the Committee boat and the nearby start mark.
- 8.3 Boats not starting should stay clear of the starting area.
- 8.4 A boat starting later than 4 minutes after her starting signal will be scored Did Not Compete. This changes RRS A4 and A5.
- 8.5 The Start marks and Start Vessels are only marks of the course for boats starting. **Competitors shall not cross the start or finish line unless they are starting or finishing.**

9. CHANGE OF THE NEXT LEG OF THE COURSE

- 9.1 To change the next leg of the course, the race committee will (a) lay a new mark, (b) move the finish line, or (c) move the leeward mark. When a new mark is laid, the original mark will be removed as soon as practicable. When in a subsequent change, a new mark is replaced. It will be replaced by an original mark.
- 9.2 Boats shall pass between the Race Committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port and the Race Committee boat to starboard. This changes RRS 28.1.
- 9.3 The direction of the changed leg will be indicated according to RS 33(a)(2) (red/green flags).

10. THE FINISH

- 10.1 The finishing line for Course 2 will be between the mast displaying a Blue Flag on a Committee Boat and the nearby finish mark. The finishing line Course 1 & 3 will be

between the mast displaying a Blue Flag on the Committee boat and the nearby finish mark on the Starboard side of the Signal boat.

10.2 The finish marks and finishing vessels are only marks of the course for boats finishing.

10.3 Boats not finishing should stay clear of the Finishing area and should not sail through the finish line.

11 **PENALTY SYSTEM**

11.1 Discretionary Penalties: The penalty for breaches of Class Rules, Sailing Instructions 4.3 11.3 and 15.4 and Notice of Race 3.1, 3.2 and 15 may be less than disqualification if the jury so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI. The protest committee should be guided by class recommendations for discretionary penalties where applicable.

11.2 Rule 44.1 applies, except for 29ers and Hobies RRS 44.1 is changed so that the two-turn penalty is replace by the one turn penalty.

11.3 A boat that has taken a penalty or retired under RRS 31 or RRS 44.1 shall complete an acknowledgement form at the Race Office within the protest time limit.

12. **TIME LIMIT**

12.1 Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

13. **PROTESTS AND REQUESTS FOR REDRESS**

13.1 Protest forms are available from the Regatta Office. Protest shall be delivered within the protest time limit as indicated on the Official Notice Board.

13.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the Race Committee and Protest Committee about incidents they observe in the racing area and to requests for redress. This changes RRS 61.3 and 62.2.

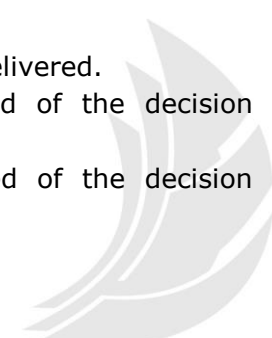
13.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings and times thereof in which they are parties or named as witnesses. Hearings will be held in the jury room, located in the clubhouse.

13.4 Notices of protest by the Race Committee or Protest Committee will be posted to inform boats under RRS 61.1(b).

13.5 A list of boats that have acknowledged breaking RRS 42 or have been disqualified by the Protest Committee will be posted before the protest time limit.

13.6 On the last day of the regatta a request for reopening a hearing shall be delivered.
(a) within the protest time limit if the requesting party was informed of the decision on the previous day;
(b) No later than 30 minutes after the requesting party was informed of the decision that day.

This changes RRS 66.



13.7 On the last day of the regatta a request for redress from a Protest Committee decision shall be delivered no later than 60 minutes after the decision was posted. This changes RRS 62.2.

14. **SCORING**

14.1 Low Point scoring system of Appendix A4 will apply.

14.2 1 race is required to be completed to constitute a series.

14.3 When fewer than 5 races have been completed, a boats series score will be the total of her race scores.

14.4 When from 5 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

14.5 When 10 or more races have been completed, a boat's series score will be the total of her races excluding her two worst scores.

15. **SAFETY REGULATIONS**

15.1 Yachts shall comply with their class buoyancy and safety requirements

15.2 All competitors shall wear a personal buoyancy aid capable of supporting a 5kg steel weight at all times while afloat in a yacht.

15.3 Wet or Dry suits do not constitute adequate buoyancy!

15.4 A boat that retires from a race shall notify the Race Committee (regatta secretary) as soon as possible.

15.5 **Outside help: RRS 41: "A boat shall not receive help from any outside source."**

15.6 **OPTIMIST: Optimist class entrants having birth dates on or after 1 January 2007 will sail the regatta in the B fleet class, unless the entrant has sailed in a Provincial or National Regatta previously for that Class. This Course will be sailed directly in front of the Clubhouse, close to shore.**

15.7 A mandatory tally system will be used and will be explained on 14 April 2017 at registration, and information about the system will be posted on the official notice board.

15.8 **Every time a boat does not comply with the tally system, the race committee will add a 5-points penalty to the boat's score without a hearing. This changes RRS A4. A list of boats that have been so penalised will be posted on the official Notice Board.**

16. **REPLACEMENT OF CREW OR EQUIPMENT**

Substitution of damaged or lost equipment will not be allowed unless approved by the Race Committee. Requests for substitution shall be made in writing to the Race Committee at the first reasonable opportunity.

17. **EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the Class Rules and Sailing Instructions. On the water, a boat can be instructed by a Race

Committee Measurer to proceed immediately after the completion of a race to a designated area for inspection.

18. **SUPPORT BOATS**

Coach or individual support boats shall be marked with a **White Flag** and shall remain no less than 50m from areas where boats are racing, between the Preparatory Signal and the last competitor finishing the race. Failure to comply may result in disqualification of any competitor associated with the support boat at the discretion of the Protest Committee.

19. **TRASH DISPOSAL**

Boats shall not discard trash in the water. Trash may be placed aboard support and Race Committee boats.

20. **RADIO COMMUNICATION**

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

21. **PRIZES**

Prizes will be awarded as detailed in the Notice of Race.

22. **DISCLAIMER OF LIABILITY**

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Neither the Organising Authority nor its officials or other persons associated with the organisation of the event will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

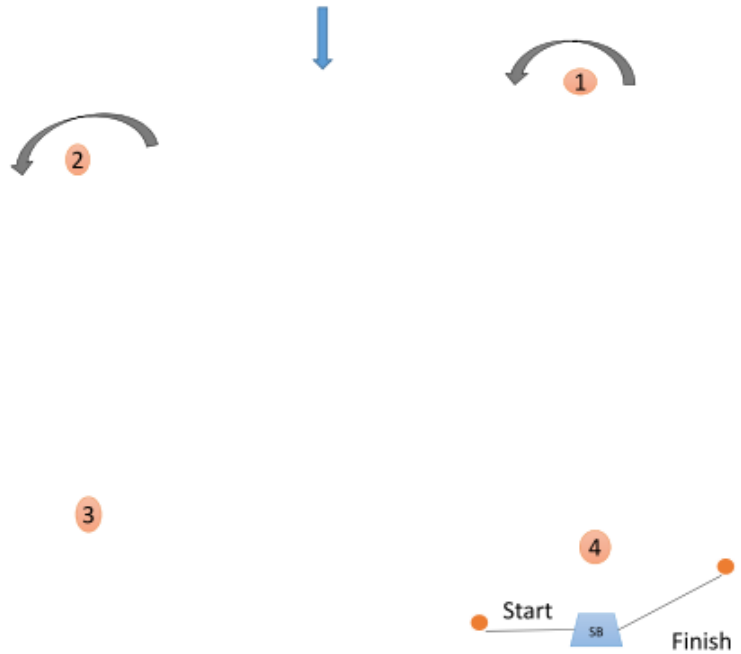
23. **INSURANCE**

Each participating boat is encouraged to carry sufficient valid third-party liability insurance to cover any liability arising during the event.



Course 1 Inner/Outer loop trapezoidal

Signal	Mark Rounding order
I	Inner loop
I2	Start -1-4/1-2-3-Finish
I3	Start -1-4/1-4/1-2-3-Finish
I4	Start -1-4/1-4/1-4/1-2-3-Finish
O	Outer Loop
O2	Start -1-2-3/2-3-Finish
O3	Start -1-2-3/2-3/2-3Finish
O4	Start -1-2-3/2-3/2-3/2-3-Finish



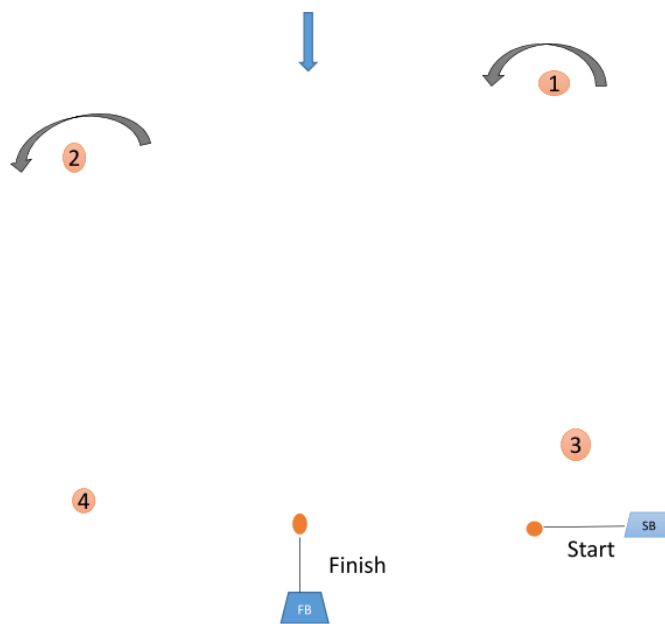
Course 1: Start sequence & Course designation

Optimist	Outer Loop
Dabchick	Inner Loop
Mirror	Outer Loop
Terra	Inner Loop
Topaz	Inner Loop



Course 2 Inner/Outer loop trapezoidal

Signal	Mark Rounding order
I	Inner loop
I2	Start -1-3/1-2-4-Finish
I3	Start -1-3/1-3/1-2-4-Finish
I4	Start -1-3/1-3/1-3/1-2-4-Finish
O	Outer Loop
O2	Start -1-2-4/2-4-Finish
O3	Start -1-2-4/2-4/2-4-Finish
O4	Start -1-2-4/2-4/2-4/2-4-Finish



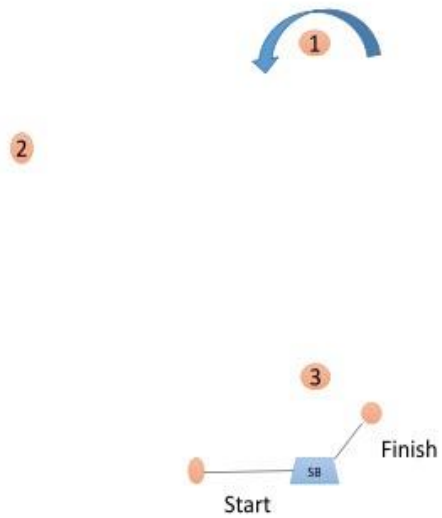
Course 2:Start sequence & Course designation

505,29 er,470	Outer Loop
Fireball,420	Inner Loop
Laser	Outer Loop
Sonnet	Inner Loop
Flying 15	Outer Loop



Course 3 Windward
Leeward /Triangular with
reaching finish

Signal	Mark Rounding order
LR2	Start-1-3/1-3-finish
LR3	Start-1-3/1-3/1-3-finish
LR4	Start-1-3/1-3/1-3/1-3-finish
TLR2	Start-1-2-3/1-3-Finish
TLR3	Start-1-2-3/1-3/1-2-3-Finish
TRL4	Start-1-2-3/1-3/1-2-3/1-3-Finish



Course 3: Start sequence & Course designation

Hobie Tigers	As displayed
Hobie 16	As displayed
Mosquito	As displayed

